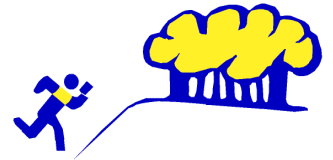


SOUTHDOWNS ORIENTEERS

Tilgate Regional

Level C Event: Final Details

Sunday 18th November, 2018



Southdowns Orienteers welcome you to Tilgate and hope you enjoy your run. We are grateful to The Forestry Commission and Crawley Borough Council for the use of this area.

Location: Tilgate Park and Forest, Crawley.

Car Parking Pay and Display Car Park. £1.10/hour or £5.50/day. Main car parking: TQ276345. From M23/A23 take Pease Pottage exit, follow signs towards Crawley, then follow brown tourist signs to Tilgate Park (which also directs visitors entering Crawley from other directions). Postcode: RH10 5PQ.

NB There is a 2.1m height restriction in all Tilgate Park car parks. A possible parking spot for taller vehicles is in Salisbury Road, RH10 5LX.

Public T/sport: Train to Crawley or Three Bridges and then taxi to park or bus to Tilgate shops followed by a 10minute walk up Titmus Drive

Dogs: Under control. No dogs in the Nature Area, Walled Garden or play area. Dogs must be on a lead around the lake.

Safety:

- Take care when running past other park users and look out for mountain bikers and horse riders. If you become disorientated, head North to the M23 or park access road (Tilgate Drive). You must cross the M23 using one of the two bridges, follow park access road to Car Park.
- There are lakes, ponds, streams and marshy areas in Tilgate and routes have been planned to use recognized crossing points. Junior courses mostly avoid these but will parents please remind their children of the dangers involved with water.
- All competitors are recommended to carry a whistle and competitors travelling alone are encouraged to leave their keys in the tent.
- All maps will be overprinted with a telephone number which can be used in case of emergency.
- There is a Go Ape course in Tilgate Park. The area is marked out of bounds on the map, but there is no boundary fence.

Assembly & Toilets: Adjacent to the Car Park.

Map: New map with survey and cartography by Neil Crickmore, 2018. Drawn to ISOM2017 using a LIDAR base map. Map Scale 1:10,000 with 5m contours.

Terrain: A combination of a busy well-maintained park and Forestry Commission woodland. Extensive clearing of Rhododendron has taken place resulting in some reduction in runnability. Many of the ditches are dry and some small paths are not easily visible. Please extend the usual courtesy to all other users of the park and forest.

Planner's Notes All courses use single sided A4 map at a scale of 1:10,000 with 5m contours. All courses printed on water resistant paper. No legend on maps. Loose Legends are available at registration. Control description printed on front of maps.

Courses close at 2.00pm.

Facilities: Nature Centre (small entry charges), Go Ape (extra charge), children's play area, Café, Pub, Walled Garden with maze. Trained First Aiders will be on duty at Registration. Toilets. No drinks – please provide your own.

http://www.crawley.gov.uk/pw/Leisure_and_Culture/Tilgate_Park/index.htm

E-Punching: Sportident. Dibber hire: £1 from the EOD car. Contactless SIAC £2. Pre-allocated dibbers will be available from SI/Download tent.

EOD Reg: 9.30am –11.30am at the EOD car. There will be maps of all colours available for entry on the day, but they will be limited. First come, first served.

Start Times: 10.00am – 12noon. (Helpers only may start from 9.30am.) No allocated start times. Approximate start slots: Early (10.00 - 10.39), Middle (10.40 - 11.39), Late (11.40 – 12.00). **Courses close: 2.00pm.** You must report to download by 2pm to avoid unnecessary searches being launched.

Start: Approximately 400m from the main car park. One start for all competitors. Call up at -3 minutes. Loose pictorial control descriptions will be available at -3 minutes. Blank maps will be displayed at -2 minutes. Yellow course maps and written control descriptions will be issued to competitors at -3 minutes as they enter the first Start box.

Finish: One finish for all courses approximately 150m from main car park. Follow tapes to download and assembly.

Courses:

Course	Controls	Length	Climb
Brown	20	9.3km	225m
Blue	14	6.5km	170m
Green	14	4.5km	100m
Short Green	13	3.5km	65m
Light Green	10	3.5km	50m
Orange	11	2.9km	50m
Yellow	8	2.1km	30m

Yellow and Orange courses are suitable for beginners, Light Green for improvers and Short Green, Green, Blue and Brown for experienced orienteers.

Entries: Pre-entry via Fabian4 www.fabian4.co.uk preferred.
Closing date for online entries: 15th November, 2018.
There will be a limited number of maps available for EOD on the day.

Entry Fees	BOF Seniors	Other Seniors	Orange & Yell BOF Sen	Orange & Yell Oth Senior	SO Juniors	Other Juniors
Up to 11/11/2018	£8	£10	£4	£6	Free	£3
Up to 15/11/2018	£9	£11	£4	£6	Free	£3
EOD	£10	£12	£4	£6	Free	£3

NB: Access for this event has been granted by kind permission of the Forestry Commission. Access is normally restricted to public rights of way. Please respect these restrictions at all other times.

Officials:

Planner:	Paul Luttman
Organisers:	Bridget & Les Hooper: 01342 322072 bridgethooper@btinternet.com
Controller:	Charlie Turner (SLOW)
Results:	On the web: www.southdowns-orienteers.org.uk

Competitors take part at their own risk and are responsible for their own safety.