



Worthlodge Forest National Event CompassSport Cup Qualifier

Sunday 12th March 2023

FINAL DETAILS

Before travelling check www.southdowns-orienteers.org.uk for any last-minute changes

Safety

- Safety bearing - East then follow the overhead power lines to the finish
- Participants in orienteering must wear appropriate clothing including **full leg cover (not shorts)**. This is a standard rule of the sport to minimise the transmission of blood borne parasites. Activities in cold weather or poor conditions require layered clothing with a windproof and/or waterproof shell garment.
- Adhere to the [Code of Conduct](#) and allow others to social distance if they wish to do so

Travel

Signed from the junction of the B2110 and Turners Hill Road. Nearest train station is Three Bridges

Grid Reference: TQ324359 Post Code: RH10 4PE What3words: [browsers.irritable.shipped](#)

Facilities

Toilets, café. Please **no** muddy footwear in the café or toilets.

Dogs

Sorry dogs are only allowed in the car park. No dogs in the forest.

First Aid

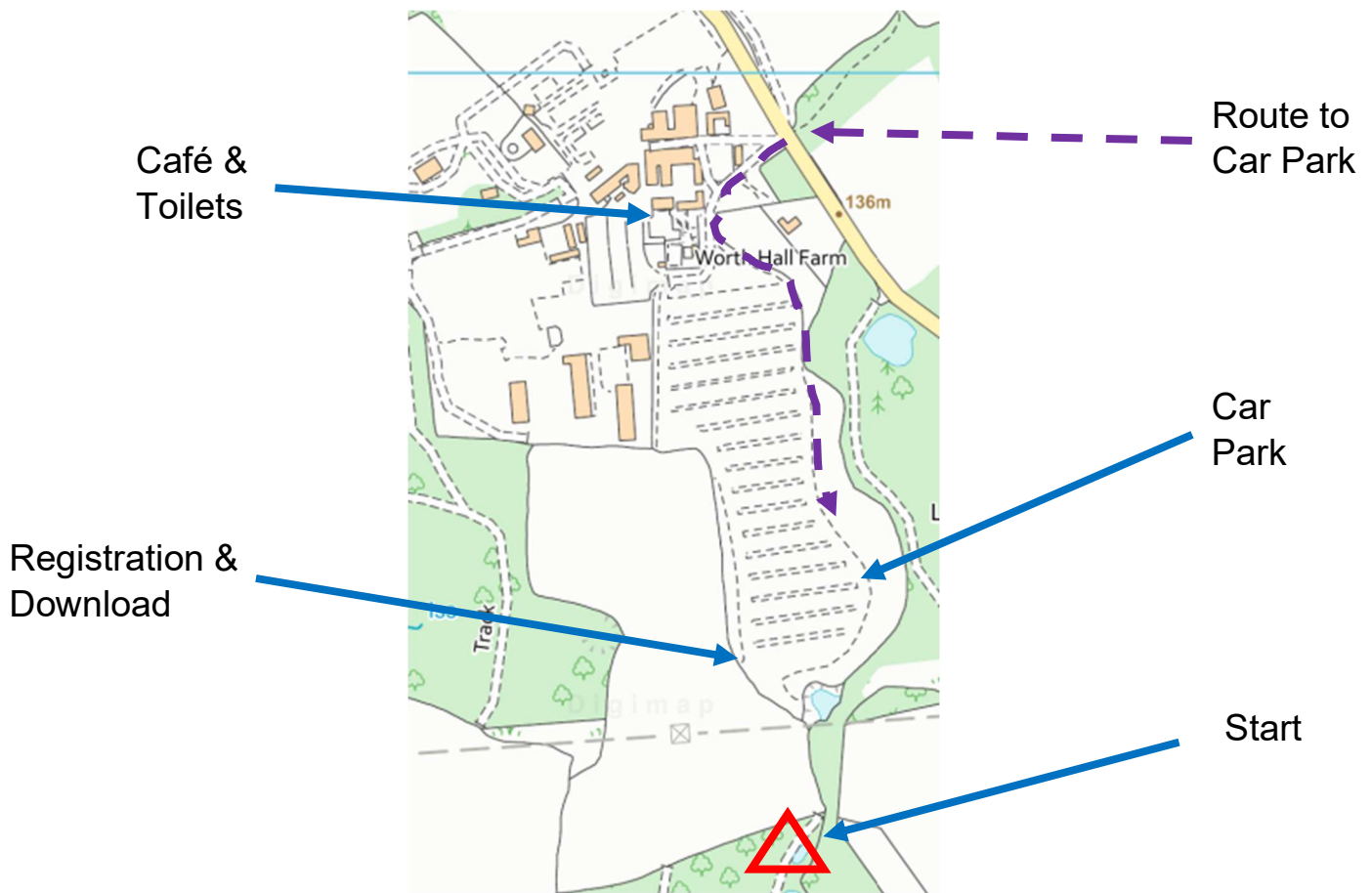
First aid cover provided by Phoenix Medical Services Ltd.

Timings

- Car park opens: 0930hrs
- Registration: 1000hrs - 1215hrs
- Starts from: 1030hrs - 1230hrs
- Courses close: 1430hrs
- Car park closes: 1530hrs

Parking

[Tulleys Farm](#) car park, please follow 'O' signs and park as directed by marshals.



Start

150m south of the car park (see sketch).

There will be a 3-minute call up for starts. Start times have been allocated according to the rules of the competition and will not be changed on the day. Start times will be published on the [event website](#) and displayed at the start. Please do not turn up at the start anticipating being allowed to start at a different time. If anyone turns up late for their start, please go to the late start official who will endeavour to find you a new start time.

Start times will not be allocated for competitors on the Light Green, Yellow or White courses. There are so few entrants on these courses you can start at any time.

Punching

Punching start and finish all other controls will be SIAC enabled. Those competitors who are hiring SI-cards can pick these up from the download tent.

Control Descriptions

Pictorial for course 1 – 11. Text for courses 12 (Yellow) and 13 (White). Printed on the map and available loose in the start grid.

Finish

Adjacent to car park. There is ample space close to the Finish for any clubs wishing to erect a club tent.

Download Close to finish.

Entries

Entries have been via club captains only and are now closed. Late requests for changes to existing entries should be made to: captain@southdowns-orienteers.org.uk.

Course/Classes			Controls	Length	Climb
1	Brown	Men Open	24	9.2 km	255 m
2	Short Brown	M20- M40+	20	7.8 km	260 m
3	Blue Women	Women Open	16	6.4 km	195 m
4	Blue Men	M50+	16	6.6 km	190 m
5	Green Women	W20- W45+	16	4.7 km	130 m
6/8A	Green Men	M60+ M18-	14	4.8 km	125 m
7	Short Green	M70+ W60+	12	3.5 km	105 m
8B/10	Short Green	W18- W70+ M80+	10	3.2 km	95 m
9A/9B	Orange	M14- W14-	10	2.6 km	50 m
	White		8	0.9 km	30 m
	Yellow		10	2.2 km	50 m
	Light Green		14	4.1 km	160 m

Map

A3. 1:10,000. 5m contours. Survey and Cartography Roger Maher April 2018.

Out of Bounds

Out of bounds are shown on the map by either purple crosses, purple overprint or black hashing.

Results

Live results will be available during the event via a local network and shortly after the event on www.southdowns-orienteers.org.uk.

Officials

- Planner: Vince Joyce
- Organiser: Mo & Simon Fitzpatrick
- Controller: Mike Murray SLOW

Acknowledgements

Thank you to Paddockhurst Estate and Standing Hall Estate for the use of Worthlodge Forest and Tulleys Farm for the use of the car park, toilets and café. Andy MacGregor for handling entries.

Personal Data

When participating in Southdowns Orienteers events/activities your name may appear in the results section of this website or in newspaper reports. [Read our data protection page](#) to see how we look after your personal data.

Event Cancellation

In the event of cancellation some or all of your entry fee may be retained to cover the entry management costs incurred.

Risk Assessment

A comprehensive risk assessment has been carried out by the organiser. Participants take part at their own risk and are responsible for their own safety during the event.