

Manually uploading a GPS trace to MapRun

If you don't have a phone or watch that is capable of reliably running the MapRun app then you have the option of manually uploading a GPS trace from any other recording device. To do this you will need the trace in the form of a .gpx file. When you have that head for the following website:

<https://www.p.fne.com.au/#/gpsupload>

At that website upload your .gpx file (1) then use the search facility to identify the relevant event (2). Then fill in the basic details (3) before clicking the Analyse Track (4).

☰ MapRun Console

GPS Track Upload (1)

GPX file to upload: Tilgate_Nigh...ining (1).gpx

GPS Track Summary:

- Distance: 6.35km
- Start Time: 2020-10-13T17:44:50Z
- Number of Track Points: 609

Event: (2)

Selected Event Id: 9515

First Name: (3)

Surname: (3)

Male

Female (3)

Check Gender: Female (3)

Year of Birth (LAST TWO DIGITS ONLY eg for 1975 enter 75, for 2008 enter 08):

Email: (3)

The system can determine your start time and finish time from analysis of the GPS track - provided you have it still recording as you pass the finish.

Alternatively, the track can be taken to be a "stopwatch" run, where the system will use the finish times (if they are valid).

Please indicate which timing method you are using:

(8) StopWatch Start and Stop Times (Accurate Timing)

Start and Finish times determined automatically from the GPS Track (Approximate Timing)

Check timingMethod: GPSWatch

Threshold in metres:

(4)

If the resulting table shows that you have punched all the controls then all is good and press the Confirm Results Table button (5)

Threshold in metres:

(6)

Results Table - Unselect extraneous punches.

OK	Seq	Control	Time	Leg Time	Min Dist to Control
<input checked="" type="checkbox"/>	0	S1	00:01	00:00	7.63
<input checked="" type="checkbox"/>	7	105	06:23	06:22	0.86
<input checked="" type="checkbox"/>	3	102	09:18	02:55	15.84
<input checked="" type="checkbox"/>	2	101	14:49	05:31	1.84
<input checked="" type="checkbox"/>	5	109	16:49	02:00	7.15
<input checked="" type="checkbox"/>	5	109	22:22	05:33	24.24
<input checked="" type="checkbox"/>	8	106	30:39	08:17	16.31
<input checked="" type="checkbox"/>	9	107	33:36	02:57	16.73
<input checked="" type="checkbox"/>	10	108	38:10	04:34	0.74
<input checked="" type="checkbox"/>	13	111	42:42	04:32	17.12
<input checked="" type="checkbox"/>	14	112	44:02	01:20	0.94

(5)

If however there are controls missing that you think that you went to you can increase the Threshold value (6) eg to 50m and click Analyse Track again.

<input checked="" type="checkbox"/>	5	109	22:22	01:22	24.24
<input checked="" type="checkbox"/>	9	107	29:23	07:01	45.12
<input checked="" type="checkbox"/>	8	106	30:39	01:16	16.31
<input checked="" type="checkbox"/>	9	107	33:36	02:57	16.73

This may show that you have been to all the controls but may indicate that you have been to some controls twice or more. The incorrect ones can be removed by unticking the relevant boxes.

<input checked="" type="checkbox"/>	5	109	22:22	01:22	24.24
<input type="checkbox"/>	9	107	29:23	07:01	45.12
<input checked="" type="checkbox"/>	8	106	30:39	01:16	16.31
<input checked="" type="checkbox"/>	9	107	33:36	02:57	16.73

Once you are happy then press the confirm button (5)

Then click the Submit Results button (7) to submit to the website

Gross and Net Score (Edit the values if a change is needed):

For a Score Event:

Gross Score:

Net Score (after any penalty for late completion):

Distance run in km:

(7)

For those of you without GPS recording devices it is possible to just enter a start and finish time on the first page (8) and hope that people trust you to have been to all the controls.