



Southern Night Orienteering Championship

Broadstone Warren and North Ashdown

Saturday 26th November 2022

FINAL DETAILS

Before travelling check www.southdowns-orienteers.org.uk for any last-minute changes

2021 Southern Night Champions are requested to return their trophies to registration before running

Safety

- Safety bearing south to road then east or west to parking
- In addition to their main headtorch, all competitors **must** carry a whistle and back-up torch
- In the event of inclement weather, the wearing/carrying of gaiters will be **compulsory**
- Adhere to the [Code of Conduct](#) and allow others to social distance if they wish to do so

Travel

Signed from the junction of the A22 and Colemans Hatch Road. Nearest train station is East Grinstead.

Grid Reference: TQ431323

Post Code: RH18 5JP

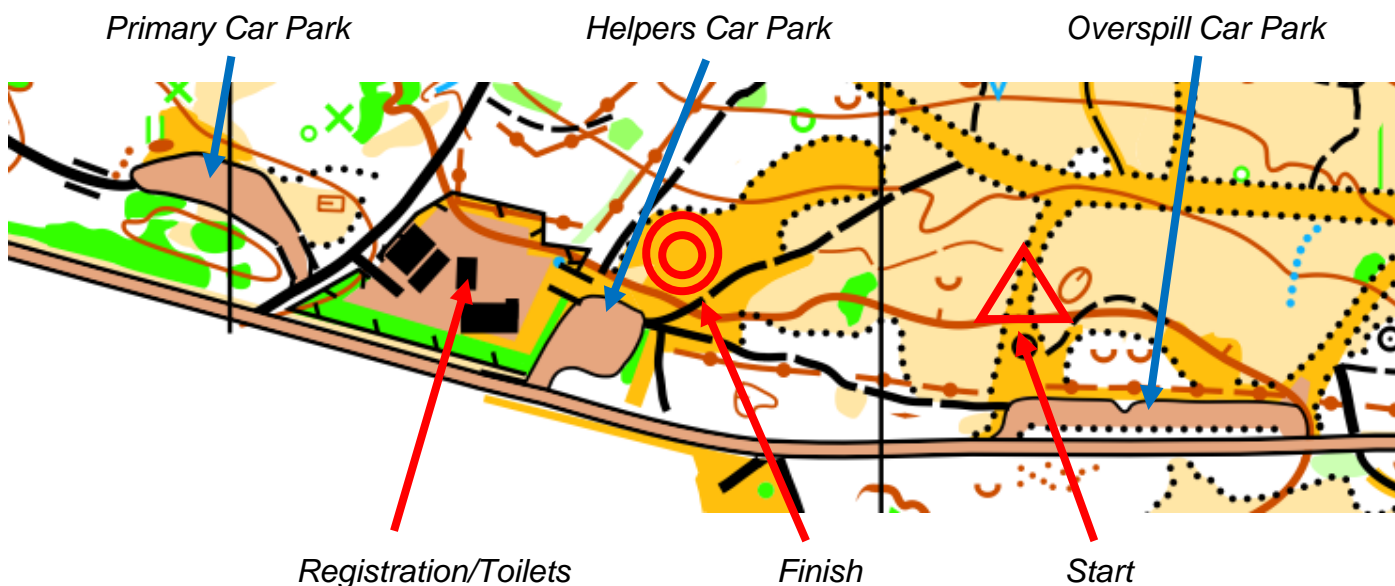
What3words: [firelight.motivates.buzz](#)

Parking

On hard standing adjacent to [Ashdown Forest Centre](#), please park as directed by marshals.

Registration

100m east from the primary car park or 250m west from the overspill car park.



Facilities

Registration will be in the Education Barn, [Ashdown Forest Centre](#). Tea/coffee//biscuits/cake available on a self-service basis (suggested £1.00 cash donation). Ladies and gents' toilets. Please **no** metal studded or muddy footwear in the barn or toilets. First aid cover provided by Phoenix Medical Services Ltd. Sorry **no** dogs in the centre or out on the courses. Bags can be left in the barn at your own risk.

Timings

- Car park opens: 1630hrs
- Starts from: 1730hrs - 1900hrs
- Prize giving: 2015hrs approx.
- Courses close: 2030hrs
- Car park closes: 2100hrs

Entries

Enter via Racesignup, no entry on the day. You can run any course you want but if you are a member of an SEOA, SCOA or SWOA club and wish to compete in the championships, you should note which age classes are associated with each course.

- £14.00 BOF Senior/£6.00 BOF Junior up to 24 November 2022 (subject to map availability)
- £2 non-member supplement (Seniors only)
- SO juniors free (use code SOjuniors)
- Standard Dibber Hire: £1.00 Senior/£0.50 Junior
- SIAC Hire: £2.00 Senior/£1.00 Junior

Courses

- Brown 8.1km 320m (M18 M20 M21 M35 M40)
- Blue 6.0km 250m (M16 M45 M50 M55 W20 W21 W35 W40)
- Green 4.1km 160m (M60 M65 W16 W18 W45 W50 W55)
- Short Green 3.2km 110m (M70 M75 M80 W60 W65 W70 W75 W80)

Start

250m east of the event centre (see sketch):

- 3 Minutes Call up/check/safety notes
- 2 minutes Loose map descriptions
- 1 minutes 2nd check

Punching

Punching start and finish all other controls will be SIAC enabled.

Control Descriptions

Pictorial for all courses. Printed on the map and available loose in the start grid.

Download

100m west of the finish, next to registration.

Map

1:10000 with 5m contours. Surveyed by Roger Maher March 2020 with seasonal updates by Chris Hooker November 2022.

Planners Notes

The area has been impacted by significant bracken growth this year. The thicker areas have been indicated by the undergrowth screen although this can also show areas of heather which can be deep in places. This may affect your route choices. Controls have not been placed in deep undergrowth and I have attempted to make all the sites fair, i.e. the feature and/or the kite should be obvious when in the vicinity. There are also some marshy sections including a couple showing the uncrossable marsh screen. If in the area I would recommend giving these a wide birth! All the other marshes were passable in late October. The whole area has a good network of paths and rides.

You will all run in 2 contrasting areas. To the west is Broadstone Warren which is a large, wooded area with deep valleys. There are a lot of rhododendrons here which are passable with care and will influence route choice. Most of the undergrowth is bracken in this area. To the east is North Ashdown which is an open area with small pockets of woodland. The woodland here is generally clean whilst the open parts have a mix of bracken, heather and grass which stronger runners will be able to push through.

Out of Bounds

Out of bounds are shown on the map by either purple crosses, purple overprint or black hashing.

Results

Live results will be available during the event via a local network and shortly after the event on www.southdowns-orienteers.org.uk.

Prize Giving

Will take place in the Education Barn as soon as all age class winners are known.

Officials

- Planner: Chris Hooker
- Organiser: Steve Blount
- Controller: Neil Speers DFOK

Acknowledgements

Thank you to The Scout Association for permission to use Broadstone Warren and The Conservators of Ashdown Forest for permission to use North Ashdown and the Ashdown Forest Centre.

Personal Data

When participating in Southdowns Orienteers events/activities your name may appear in the results section of this website or in newspaper reports. [Read our data protection page](#) to see how we look after your personal data.

Event Cancellation

In the event of cancellation some or all of your entry fee may be retained to cover costs incurred.

Risk Assessment

A comprehensive risk assessment has been carried out by the organiser. Participants take part at their own risk and are responsible for their own safety during the event.

Conservation of the Forest

Ashdown Forest, as many of you will know, is a very special place. It is managed by the Board of Conservators of Ashdown Forest, an independent body. In recognition of the ecological importance of Ashdown Forest and to ensure its protection, it is designated as a European Natura 2000 site and as a Site of Special Scientific Interest under UK legislation. Ashdown Forest is also within the High Weald Area of Outstanding Natural Beauty.

The Conservators have duties laid down by statute which include the following:

- To regulate and manage the forest as an amenity and place of resort
- To conserve it as a quiet and natural area of outstanding beauty

The Conservators are keen to raise the public's (and hence our) awareness of their legal duty and, within this, their aim of balancing the interests of all users of the forest.

Please have particular regard therefore to the other users of the area, including all walkers, dog walkers and riders, all of whom are also seeking to enjoy their activities peacefully. Slow to a walk, keep especially quiet and keep a wide berth at any point where you meet horse riders.