

Lane End Common, Knock-out Sprint – 8 August 2024

BULLETIN 1

Further details

If there is any last-minute information, this will be uploaded to the SO website as Bulletin 2. Please check on the day of the event.

Assembly

Please arrive early so that you have warmed up and are ready to start the first race at 18.30.

Assembly is in the car park at: [Lane End Common Car Park](#) BN8 4JH. Overflow parking is in the lane.

Rules

You must pass the Start Kite on your way to the first control.

For Round 1 of the competition, the Organiser has allocated all athletes to one of 4 groups (see start list below). Each group comprises 6 athletes. The initial allocation has been made on the basis of interesting races, rather than on any ranking system. Numbers in the lowest tier White may vary depending on attendance.

For purposes of promotion/relegation, the groups are ranked:

1st Blue

2nd Red

3rd Yellow

4th White

A DSQ, DNS or DNF is an automatic relegation to the group below.

Example: at the end of the first round, the fastest 2 runners in the Yellow group will be promoted to the Red group. The slowest 2 runners in the Yellow group will be relegated to White group. There is no promotion from the Blue group, and no relegation from White.

The maximum time allowed in Rounds 1-3 is 15 minutes. For Round 4, the time limit is 25 minutes. As soon as the time expires you should return to Assembly, punch the Finish and download.

Start and Finish Routine

Immediately before each start, all athletes will clear and check. The group members will then punch a start box in rapid succession to prepare their SIAC cards for the race. Finish times will not be used to determine the finish positions. Race position will be determined solely on the order that athletes cross the finish line.

The start of each race will be indicated by the traditional KO Sprint heartbeat sound of duration 2-6 seconds followed by a starting pistol. Athletes waiting for a later start are naturally required to cheer on an athlete of their choice.

Start times:

Round 1 – 18.30 (Blue), 18.31 (Red), 18.32 (Yellow), 18.33 (White)

Round 2 – 18.45 (Blue), 18.46 (Red), 18.47 (Yellow), 18.48 (White)

Round 3 – 19.00 (Blue), 19.01 (Red), 19.02 (Yellow), 19.03 (White)

Round 4 – 19.15 (Blue), 19.16 (Red), 19.17 (Yellow), 19.18 (White)

Athletes will not know in advance whether a competition round will be which of the following:

- No forking (just a head-head race)
- butterfly (includes loop(s))
- runner's choice (runner has 20 seconds to choose preferred course at start)
- pot-luck (athletes allocated course variant at random)

After you cross the finish line you must not change position with any other athlete. Punch the Finish and join the Download queue immediately. A race official will compare your downloaded course with that shown on your map in order to identify disqualifications.

There will be a high density of controls in the terrain. Athletes will check their control descriptions to avoid mis-punching. Control descriptions will be shown on the map. No loose control descriptions will be shown.

Warm-up Area

The warm-up area is on the opposite side of Mill Lane. Leave the car park and cross over the road.

Map

This event is the first use of a brand-new area for orienteering. Mapping by Chris Hooker at 1:5,000. All maps printed on A5.

Terrain Description

The common comprises 60% woodland that is mainly runnable. The 40% of the terrain that is open is a mix of rides, low gorse and bracken. The terrain is sandy and almost entirely dry. The terrain slopes away gently to the north. Maximum climb per course is 25m.

Clothing & Race Bibs

Standard forest orienteering kit is required: i.e. long trousers and o-top with gaiters recommended. No shorts or vest tops.

All athletes will wear a small coloured bib to indicate which group they are in. This will be swapped whenever the athlete is promoted/relegated.

Control Collecting and hotdogs

At the end of the competition, all athletes will collect 2 controls each. This will be followed by hotdogs with compliments of the Organiser. Please bring your own drinks.

Warm-up Area

The warm-up area is on the opposite side of Mill Lane. Leave the car park and cross over the road.

Media

Photos and videos of the event will appear on the British Orienteering Instagram and Facebook social media accounts.

Personnel

Edward Lines – Event Official, Media

Robert Lines – Planner, Organiser – mob. 07733 301608

Chris Hooker – Event Official, Mapper

Start list

Athlete	Group	Age	Club
CHAPMAN, Peter	1 - Blue	M60	SO
CRICKMORE, Neil	1 - Blue	M60	SO
GREENSTREET, Garry	1 - Blue	M50	SO
HEAP, Will	1 - Blue	M50	SO
SAUNDERS, Mark	1 - Blue	M45	SO
SMITHARD, Steven	1 - Blue	M40	SO
BENNETT, Luke	2 - Red	M16	DFOK
CHAPMAN, Anna	2 - Red	W50	SO
HEAP, Stanley	2 - Red	M21	SO
MARSH, Euan	2 - Red	M21	SO
MARSH, Kieran	2 - Red	M21	SLOW
MARSH, Liam	2 - Red	M21	SO
BENNETT, Tina	3 - Yellow	W45	DFOK
CHAPMAN, Emma	3 - Yellow	W14	SO
FITZPATRICK, Mo	3 - Yellow	W50	SO
HULLEY, Linda	3 - Yellow	W65	SO
LAMBERT, Jane	3 - Yellow	W60	SO
TURNER, Kate	3 - Yellow	W50	SO
BENNETT, Jake	4 - White	M14	DFOK
BENNETT, Keith	4 - White	M50	DFOK
BURRIDGE, Rob	4 - White	M60	SO
HULLEY, Tim	4 - White	M60	SO
MARSH, Penny	4 - White	W60	SO
WILSON, Robin	4 - White	M65	SO