

Knowlands Wood SOG 250921				
BLUE	5.5 km	40 m		
▷		↗		
1	100	☾		⊥
2	102	≡≡		
3	107	⊂		
4	117	≡≡	<	
5	125	↗ ≡≡	Y	
6	110	⊂		
7	120	○	Seat	
8	106	X	Hide	
9	123	↗ ⊙ Y		
10	124	∧ ↗ Y		
11	101	⊘		T
12	122	⊙		⊙
○ — 0 m — ▷				
▷		⊙		⊙
13	116	∨		
14	112	⊘ ↗ Y		
15	109	∧	<	
16	128	↑ X	Hide	
17	118	⊘	Y	
18	113	⊘ ↗ Y		
19	104	≡≡		
20	123	↗ ⊙ Y		
21	120	○	Seat	
22	108	↘ ↗ Y		
○ X 60 m ⊙				
Courses Close 12.30 pm Safety bearing: South to edge of woods then east to download/car park Please report to download even if you do not complete your course ICE Phone 07526 792817				

Knowlands Wood SOG 250921				
GREEN	4.4 km	30 m		
▷		↗		
1	106	X	Hide	
2	102	≡≡		
3	116	∨		
4	113	⊘ ↗ Y		
5	119	⊂		
6	117	≡≡	<	
7	107	⊂		
8	128	↑ X	Hide	
9	120	○	Seat	
10	101	⊘		T
○ — 0 m — ▷				
▷		⊘		T
11	122	⊙		⊙
12	127	∧	↖	
13	100	☾		⊥
14	104	≡≡		
15	112	⊘ ↗ Y		
16	128	↑ X	Hide	
17	126	∧		
18	108	↘ ↗ Y		
○ X 60 m ⊙				
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Knowlands Wood SOG 250921				
ORANGE	2.4 km	20 m		
▷		↗		
1	103	↗ ↗ X		
2	100	☾		⊥
3	123	↗ ⊙ Y		
4	116	∨		
5	101	⊘		T
6	122	⊙		⊙
7	119	⊂		
8	125	↗ ≡≡ Y		
9	126	∧		
10	109	∧ <		
11	112	⊘ ↗ Y		
12	120	○	Seat	
13	108	↘ ↗ Y		
○ X 60 m ⊙				
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Knowlands Wood SOG 250921				
YELLOW	1.5 km	10 m		
▷		Start: path		
1	103	Path crossing		
2	115	S path junction		
3	124	Gully and path junction		
4	105	Path junction		
5	121	Path junction		
6	125	Path and earth wall junction		
7	114	Path crossing		
8	120	Special item, Seat		
9	108	SE path junction		
Navigate 60 m to finish				
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