

## **Southdowns Orienteering Club**

### **Junior Club Rules**

**Effective from 14<sup>th</sup> November 2008**

The Club is fully committed to safeguarding and promoting the well-being of all its members.

The Club believes that it is important that members, coaches, administrators and parents associated with the Club should, at all times, show respect for each other, be encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the Club with the Designated Officer:

Club Welfare Officer - contact details from [www.southdowns-orienteers.org.uk](http://www.southdowns-orienteers.org.uk) or in the Club Newsletter.

As a member of the Southdowns Orienteering Club you are expected to abide by the following junior club rules:

- All members must compete within the rules and respect officials and their decisions.
- All members must respect opponents.
- Members should keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late.
- Members must wear suitable kit for training and match sessions, as agreed with the coach or team manager
- Members must pay any fees for training or events promptly
- Junior members are not allowed to smoke, or to consume alcohol or drugs of any kind, at training sessions or when representing the Club in competitions