

Sunday 15<sup>th</sup> January 2023

# **FINAL DETAILS**

Before travelling check <u>www.southdowns-orienteers.org.uk</u> for any last-minute changes

## Safety

- Safety bearing south to road then east or west to parking
- In the of event of inclement weather, the wearing/carrying of cagoules will be compulsory
- Adhere to the <u>Code of Conduct</u> and allow others to social distance if they wish to do so

## Travel

Signed from the junction of the A22 and Colemans Hatch Road. Nearest train station is East Grinstead.

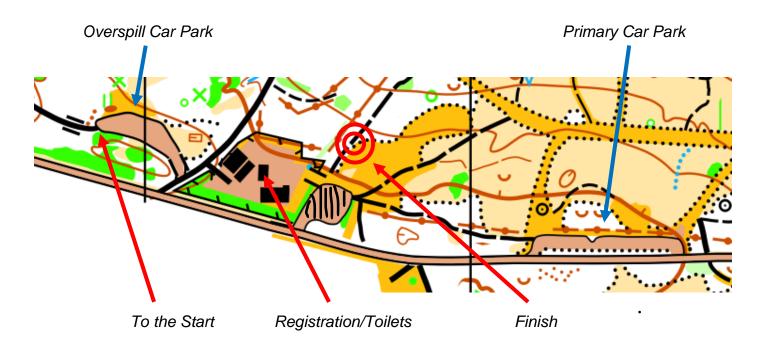
Grid Reference: TQ434323 Post Code: RH18 5JP What3words: broken.remaining.whistling

# Parking

On hard standings near to <u>Ashdown Forest Centre</u>, please park as directed by marshals. NB no orienteering parking in the car park immediately adjacent to the event centre

## Registration

250m west from the primary car park or 100m east from the overspill car park.



## Dogs

Dogs must be kept under close control at all times on the Forest. Please clean up after your dog.

# Facilities

Registration, download, ladies and gents' toilets will be in the <u>Ashdown Forest Centre</u>. Please <u>**no**</u> muddy footwear in the toilets.

# First Aid

First aid cover provided by Phoenix Medical Services Ltd, situated close to download

# Timings

- Car park opens: 0930hrs
- Registration: 1015hrs 1215hrs
- Starts from: 1030hrs 1230hrs
- Courses close: 1415hrs

# Entries

Enter via Racesignup, no entry on the day.

- £14.00 BOF Senior/£6.00 BOF Junior up to 14 January 2023 (subject to map availability)
- £2 non-member supplement (Seniors only)
- SO juniors free (use code SOjuniors)
- Standard Dibber Hire: £1.00 Senior/£0.50 Junior
- SIAC Hire: £2.00 Senior/£1.00 Junior

## Courses

- Brown 9.2km, 340m climb, 27 controls
- Blue 6.7km, 220m climb, 22 controls
- Short Blue 5.3km, 135m climb, 19 controls
- Green 4.2km, 100m climb, 16 controls
- Short/Light Green 3.3km, 85m climb, 13 controls
- Orange 2.8km, 80m climb, 12 controls
- Yellow 2.0km, 50m climb, 10 controls

There will be 70 metres of taped route on both yellow and orange courses

NB there will be two, 2-minute, timed-out road crossings on the short blue, blue and brown courses. These are not manned, please take your time and take care.

## Start

300m west of the event centre (see above sketch):

## Punching

Punching start and finish; all other controls will be SIAC enabled.

## **Control Descriptions**

Pictorial for Brown, Blue, Short Blue, Green, Short/Light Green and Orange courses. Text for the Yellow course. Printed on the map and available loose in the start grid.

#### Download

100m south-west of the finish, next to registration.

### Мар

1:10000 with 5m contours. Surveyed by Roger Maher March 2020 with seasonal updates by Chris Hooker November 2022.

## **Planners Notes**

The area is split roughly 50/50 between Broadstone Warren (Scout Association activity site) and North Ashdown Forest. All courses will start in Broadstone Warren, about 300 metres from the event centre. Broadstone is a mixture of fairly runnable woodland and much slower areas of (solid green) thick rhododendron, which in some places is more extensive than mapped. Note that in those areas where rhododendron is particularly rampant, many of the smaller bushes are not mapped. The courses have generally been planned to avoid the worst areas of rhododendron, but it has not been possible to complete avoid it - control sites in these areas are very definite. All courses except for Yellow then venture onto North Ashdown Forest. This is a mixture of heathland and birch woods. Part of this area is a fairly exposed north facing slope, while Brown, Blue & Short Blue will also head across the Wych Cross to Colemans Hatch road into the historically less used part of North Ashdown, via out-and-back unmanned road crossings (2 minutes timed out for each crossing). Visibility at both crossing locations is good, but note that the speed limit is 40mph, so only cross if safe to do so. The finish for all courses is approximately 100 metres from download at the event centre.

It is very wet underfoot in places, with some brown features having water in them.

#### **Out of Bounds**

Out of bounds are shown on the map by either purple crosses, purple overprint or black hashing.

#### Results

Live results will be available during the event via a local network and shortly after the event on <u>www.southdowns-orienteers.org.uk</u>.

#### Officials

- Planner: Steve Jarvis
- Organiser: Penny Marsh
- Controller: Doug Deeks SAXONS

#### Acknowledgements

Thank you to The Scout Association for permission to use Broadstone Warren and The Conservators of Ashdown Forest for permission to use North Ashdown and the Ashdown Forest Centre.

#### **Personal Data**

When participating in Southdowns Orienteers events/activities your name may appear in the results section of this website or in newspaper reports. <u>Read our data protection page</u> to see how we look after your personal data.

#### **Event Cancellation**

In the event of cancellation some or all of your entry fee may be retained to cover costs incurred.

#### **Risk Assessment**

A comprehensive risk assessment has been carried out by the organiser. Participants take part at their own risk and are responsible for their own safety during the event.

#### **Conservation of the Forest**

Ashdown Forest, as many of you will know, is a very special place. It is managed by the Board of Conservators of Ashdown Forest, an independent body. In recognition of the ecological importance of Ashdown Forest and to ensure its protection, it is designated as a European Natura 2000 site and as a Site of Special Scientific Interest under UK legislation. Ashdown Forest is also within the High Weald Area of Outstanding Natural Beauty.

The Conservators have duties laid down by statute which include the following:

- To regulate and manage the forest as an amenity and place of resort
- To conserve it as a quiet and natural area of outstanding beauty

The Conservators are keen to raise the public's (and hence our) awareness of their legal duty and, within this, their aim of balancing the interests of all users of the forest.

Please have particular regard therefore to the other users of the area, including all walkers, dog walkers and riders, all of whom are also seeking to enjoy their activities peacefully. Slow to a walk, keep especially quiet and keep a wide berth at any point where you meet horse riders.