

# SOUTHDOWNS ORIENTEERS

FINAL DETAILS FOR THE NATIONAL EVENT AT EARTHAM  
WOOD, SUNDAY 14<sup>TH</sup> MAY 2023

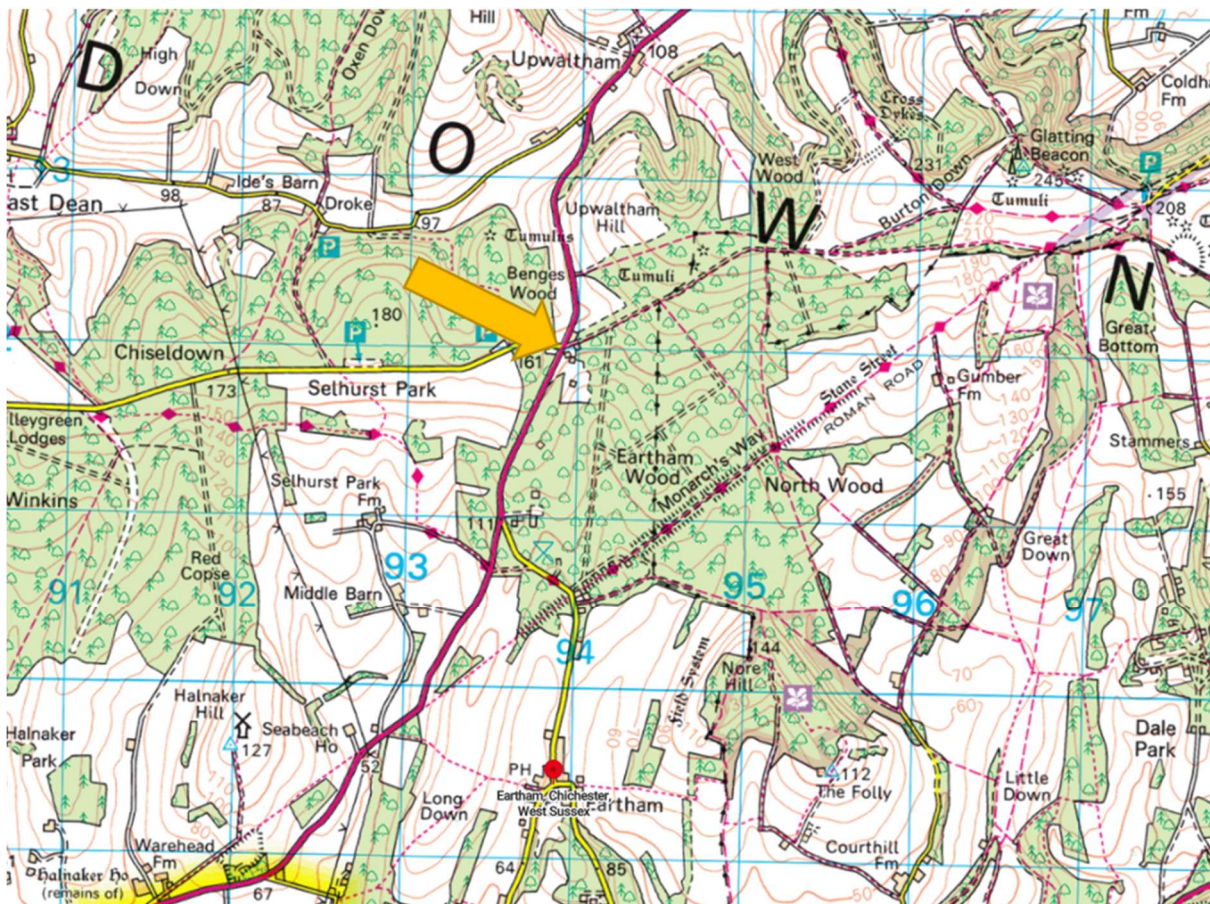


## Location

Grid Ref SU 940120; Lat, Lng 50.900372, -0.663242; Postcode GU28 0LZ

What3Words : cured.bulk.scoop

Note that the location of the event centre is off the A285 about 1 mile N of Eartham village and not in the village itself nor at the Forestry England public car park.



## Parking

Access to the field to be used as event centre and for car parking is off the track leading eastwards opposite Selhurstpark Road at its junction with the A285. From the S, use the A285 and turn right at the top of the hill after Eartham; from the N, use the A285 and turn left at the top of the hill after Upwaltham. The A285 is a fast road; take care and signal in good time! Parking opens at 0900. The field to be used for parking is on the left 100m along the track.

The track is narrow and priority will be given to arrivals before 1215 and to departures after 1215. Please keep to these times if at all possible. Space in the field is limited so follow the marshals' directions and park as tightly as possible. If bringing a private tent, please pitch it on the sloping part of the field which is furthest from the entrance and not being used for car parking.

## Map and Terrain

1:10,000 with 5m contours, from a LIDAR-based survey by Dave Peel in March 2023. The map used for a previous event is at <https://www.so.routegadget.co.uk/rg2/#179>. All maps will be pre-marked but do NOT have legends.

Eartham Wood is mainly open mature beech woodland with little undergrowth, and eminently runnable. The area slopes downwards from the start area, with a height difference of about 125m between the highest and lowest parts of the wood.

There are a number of trees that have toppled over. Some are horizontal but still alive. These have been mapped as thickets. ISOM symbol 115 (the brown open triangle denoting a prominent landform feature) is a flat area, probably a former charcoal burning platform.

On the longest courses there is an un-mapped ruined fence close to a control. This has been marked on the ground with yellow and black tape where it presents a trip hazard. Hides and recent extraction lanes are unmapped.

At the very south of the map patches of bluebells have appeared in the last week. In most cases these can be avoided by runners.

The area is also used by horse riders, mountain bikers and walkers and care should be taken not to alarm any of these. Dogs should be kept on leads in the parking area but may run free in the forest.

## Courses

Note that since the Black course has over 30 controls a free upgrade to a SIAC card will be available to anyone with a v5 or v8 dibber. If you are unsure of what dibber you currently have please contact us on [si@southdowns-orienteers.org.uk](mailto:si@southdowns-orienteers.org.uk).

Course	Distance/km	Climb/m	Controls	Map (all A4)
Black	12.0	320	33	Double-sided
Brown	10.1	300	27	Double-sided
Short Brown	8.3	230	25	Single-sided
Blue	6.7	175	20	Single-sided
Short Blue	5.5	150	15	Single-sided
Green	4.7	160	14	Single-sided
Short Green	4.0	120	13	Single-sided
Very Short Green	3.6	100	15	Single-sided
Light Green	3.6	100	15	Single-sided
Orange	2.7	75	11	Single-sided
Yellow	2.4	60	11	Single-sided
White	2.1	45	12	Single-sided

## Control Descriptions

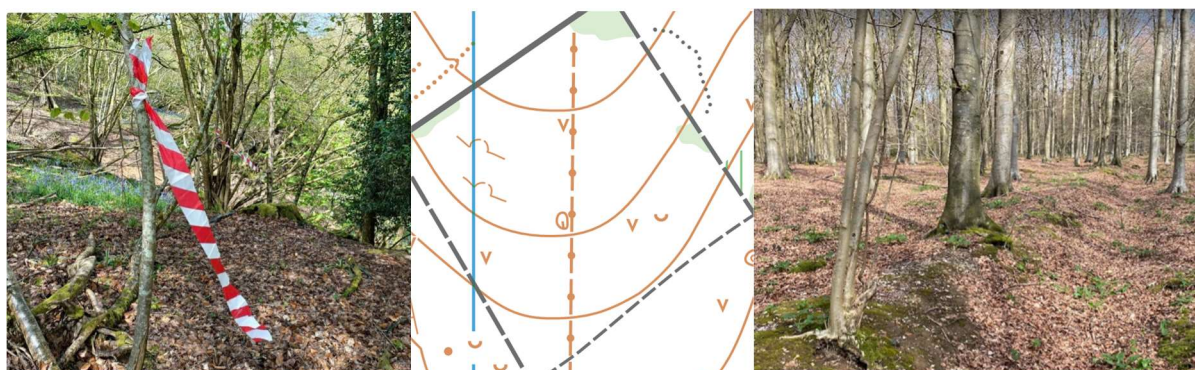
	On map		Loose	
	Pictorial	Written	Pictorial	Written
Light Green and above	Yes		Yes	
Yellow and Orange	Yes	Yes	Yes	Yes
White		Yes		Yes

### Junior courses

The White course includes an indistinct path which has been marked on the ground with 1m long red/white streamers positioned every 10m. The streamers are used for the entire leg.

The Yellow course includes earth walls between controls. Where these earth walls are indistinct, they have been marked with 1m long red/white streamers positioned every 10m for the entire leg.

White and Yellow maps will be available at the pre-start, and parents/carers will be able to talk through the courses with their junior athletes. Juniors will be deemed 'non-competitive' if they are shadowed on the course.



All juniors, whether running courses or not, are invited to take part in the free maze activity.

### Entry procedure

Entry via [www.racesignup.co.uk](http://www.racesignup.co.uk), deadline Friday May 12<sup>th</sup>. No entry on the day for competition courses. Besides the competition courses, there will be a free Maze-O activity for children with entry on the day, information at Enquiries.

### Entry fees

Senior: £16.00

Junior (U21): £5.00

Senior Novice: £5.00

Non-member supplement: £2.00

Senior Dibber hire: £1.00

Senior Enhanced (SIAC) Dibber hire: £2.00

Junior Dibber hire: £0.50

Junior Enhanced (SIAC) Dibber hire: £1.00

SO juniors enter free using the special discount code (see website).

Lost dibbers will be charged at £30 (£65 for SIACs).

## Start and Finish

Both less than 200m from car park, with download, SIAC battery test and dibber collection en route to Start.

Start times 1030 – 1230 allocated as part of the Racesignup entry form. Competitors will be called up three minutes before their start time. If you need to change your start time you can do this up to May 12th on RaceSignup. Late arrivals will be fitted in as directed by the start controller; there may be a delay before such starts can be arranged.

After map collection, competitors **must** follow a red/white taped route 30m to the Start kite. This is shown as a compulsory taped route on the map.

Courses close at 1430. There is a punching start and finish. Please note that you **must** physically punch at the finish or, if retiring without going to the finish, you **must** report to the download tent.

## Facilities

First Aid by Pulse South Coast at entrance to parking area.

Catering van (Tom & Julie) also in attendance.

Enquiries, dibber collection and download just outside parking area, en route to the Start.

Toilet block next to parking area. The water supply is not drinking water, so please provide your own drinks.

## Safety

You are responsible for your own safety; you take part in this event at your own risk. British Orienteering third party insurance covers those who have pre-entered.

Competitors are requested and expected to take notice of the advice on the SO website:

<https://www.southdowns-orienteers.org.uk/documents/Website-safety-info-12Oct2021.pdf>

In particular it is strongly recommended that all competitors carry a whistle for use in emergency. The carrying of mobile phones is also actively encouraged.

To check for the safe return of all competitors there will be a punching start and finish.

Alternatively, anyone retiring without passing the finish must report to Download.

The safe route back to the event centre is to follow any ride leading in a NE/NW direction to the top of the hill and then turn left on the gravel/flint track. Do NOT use the A285; it is a fast and busy road with no verges.

Pulse South Coast will be present in the parking area until 1430. After that time, seek first aid from the Download tent nearby. The nearest hospital for A&E is St Richards, Spitalfields Lane, Chichester PO19 6SE, what3words bounty.before.crowned . This is 7 miles away and a 10- to 15-minute drive.

There is a risk of tick-borne diseases in British forests such as Lyme disease and encephalitis. Full torso and leg cover is compulsory as in BOF rules. Full arm cover is also recommended.

You must not compete if you are suffering from Covid; full guidance on this as it affects you and members of your household appears as a pop-up during the RaceSignUp procedure.

### **Acknowledgements and Thanks**

Mr Ashley Pirt for use of the parking field and toilet block.  
Forestry England for access to Eartham Wood  
Mr Peter Locke of Frith Farms for access to Stubbs Wood

### **Officials**

Planner – Robert Lines (SO)  
Organiser – David Wilson (SO)  
Controller – Alan Wallis (SN)