



## Brighton City Race 12 – Final Details

SO are pleased to welcome GPS orienteers to the 2020 Brighton city race. SEGOL is the Southern England GPS Orienteering League, started in October 2020 in response to COVID-19 restrictions and the cancellation of SEOUL 2020. See the [SEGOL](#) website for more details.

Courses will be available to download and run from Sunday 6<sup>th</sup> December through to Thursday 31<sup>st</sup> December inclusive.

We are using MaprunF, so MaprunG is also enabled for suitable Garmin watches.

Maps are available to download at any time but we hope that competitors will enter into the spirit of SEGOL and will look at neither map nor others' routes before starting their runs.

Please visit the [SEGOL](#) website for rules pertaining to this competition, and note that you need to register on that website to be included in the SEGOL competition. If you haven't done that, do it now by visiting the site using the link above.

### Travel and Parking

The start and finishes are close to the centre of Brighton which can be easily accessed by car, train or bus. There are many pay and display car parks in the centre with the cheapest being [Madeira drive](#). The start for all courses is on the [Old Steine](#). There are two different finishes, one for courses 1 and 2 and the other for courses 3 and 4, they are about 200m apart on either side of the A23.

### The Area

The early part of all courses is in the central Lanes area, consisting mainly of pedestrianised areas and low speed traffic roads (20mph max). All courses then leave this area and head into more suburban areas. The longer courses will encounter some not insignificant climb.

### The Map

All courses are on a 1:5000 map with 5m contours which fits onto an A4 sheet of paper. For courses 1 and 2 there is no room for control descriptions, so for these courses the only descriptions available are loose ones which can be downloaded separately. For courses 3 and 4 descriptions are available both on the map and loose.

### Event Details

This is a Maprun event, requiring use of either MaprunF on smartphone, or MaprunG on certain Garmin GPS watches. If you are not familiar with Maprun, you can find plenty of information on how to use it on the NGOC Maprun website [here](#).

Be aware that high buildings, in particular, can adversely affect GPS signals, so you should make allowances for this. When checking the controls we found that GPS trace accuracy was somewhat worse than in suburbia or the forest, though all controls registered correctly, in some cases after a short delay. You should aim to push hard between controls but slow down approaching them, and let your GPS catch up with you. On balance we feel that delays in getting a beep at some controls will be offset by early beeps at others.

If you believe you are at a control, but cannot get a beep in a reasonable time – typically perhaps 5-10 seconds – you should carry on, and at the end of your run, use the Review Results(HITMO) facility to check your route and see which controls the app thinks you went near, but which did not record. Any revised results thus uploaded to maprun will be checked by us and accepted or rejected, and the change will be reported to SEGOL.

We suggest that if you have any queries about your result, or you have used HITMO, you email the organiser as soon as you can after your run.

There are 4 courses available:

Course	Typical Run length	Climb	Controls	Age Classes
Course 1	10.8 km	140 m	38	MO
Course 2	8.0 km	130 m	29	WO, WV, MV, MSV
Course 3	4.8 km	50 m	16	WSV, MUV
Course 4	2.9 km	35 m	15	WUV, WHV, MHV, MJ, WJ, MYJ, WYJ

**Please note that all courses go into areas where there is significant traffic and therefore any competitor under the age of 16 when they take part, must be accompanied by a responsible adult.**

You can download the maps and control descriptions from the links below.

[Course 1](#), [Course 2](#), [Course 3](#), [Course 4](#), [Control Descriptions](#)

You download the course from the UK/Sussex/BCR12 folder on the Maprun system. If using MaprunG be aware that whilst there will be a signal in the area, it's often best to download to watch whilst you have a wifi signal.

## **Safety and Risk Assessment**

Competitors are responsible for their own personal safety and for assessing their own ability to complete the course. We have assessed the risks of which you might not be aware in the competition area, and have planned to mitigate them where possible. Clearly, however, you will be running at all times in a populous city centre and its immediate environs. Please be particularly careful to avoid collisions with pedestrians, obey prevailing social distancing rules, and be aware of vehicle traffic where necessary.

Courses 1 and 2 cross the A23 which is the main vehicular route into Brighton. Although speed is restricted traffic can be heavy. The courses have been planned so that they cross the A23 at suitable points where the traffic is one-way and/or there are islands/traffic lights to facilitate crossing.

## **Queries or Further Information**

If you have any queries about the event, courses or technology, please email the organiser (Neil Crickmore) at [captain@southdowns-orienteers.org.uk](mailto:captain@southdowns-orienteers.org.uk)