SOUTHDOWNS ORIENTEERS

FINAL DETAILS FOR THE SOUTHERN NIGHT CHAMPIONSHIP AT WORTHLODGE FOREST

SATURDAY 22nd NOVEMBER 2025

Key information:

- **Parking** will be accessible from the B2110 from 16:30, the main parking site being at RH10 4SE.
- **Assembly, start and finish.** Assembly is approximately 400m from the main parking site, and the starts are a further 500m from Assembly. It is approx. 350m from the finish back to Assembly. There is no formal clothing dump, but the route to the start passes the finish. Follow glow sticks, tapes and signs. Only cross the B2110 using the footbridge.
- Carrying of **whistles, main light and back up light** by each entrant is mandatory, you may also wish to carry a mobile phone, an emergency number is printed on map and control descriptions.
- If wearing **cagoules** is made mandatory, a sign advising this will be on display in Assembly

Location:

Event Centre Grid Ref: TQ317345; Lat, Lng 51.09458,-0.12071; Postcode for main parking: RH10 4SE

Approach on the B2110. Main parking will be to the South of this road on the site of Worth school. Helper parking will be to the North of the B2110.

- For those heading NE from the Cowdray Arms where the B2110 joins the B2036, follow the B2110 NE for 0.8 miles.
- For those heading SW from Turners Hill follow the B2110 for 1.6 miles. Look out for the permanent signs for Worth Abbey, and then the orienteering signs just beyond.

Public transport is extremely limited and sadly not recommended due to the need to walk to the event centre on unlit roads with fast traffic. Please arrange a lift with a club mate.

Parking:

Please decelerate well in advance to allow slow turning into parking areas. The main parking will be accessed to the south of the B2110 at w3w: villager.educates.guardian. There are several areas within the school site that we will use. Please park as directed by the marshals and as tightly as possible. Parking will be on hard standing. Parking will be open from 16.30. Please do not arrive earlier than this.

Once parked, please follow glow sticks, tape and signs through the school site, and over a pedestrian bridge which will take you north of the B2110. Turn left to the event centre and to the start.
On your return from download, please follow this route in reverse using the footbridge.
The B2110 is out of bounds on foot.

Map and Terrain:

Surveyed and drawn by Chris Hooker & Neil Crickmore 2024. Unless there is late information to impart blank maps will not be displayed in the start lane. A previous edition of the map can be viewed at https://www.so.routegadget.co.uk/rg2/#472

Blue and Brown courses 1:10,000 with 5m contours – A4

Green and Short Green- 1:7,500 with 5m contours – A4

Worthlodge is a working forest. There are numerous rootstocks in the area. The green cross symbol has been used to represent uprooted trees greater than 2m in height. Smaller ones have not been mapped. There is a stream running NW/SE through the northern part of the area. If there has been heavy rain leading up to the

event the stream may appear deep but is unlikely to be more than knee-deep. Sensible bridge options exist. Some of the mapped fences are ruined and sections may be lying on the ground, watch out for this. Short sections of unmapped fence may also be encountered in the terrain. Branch hides appear and disappear, none of these have been mapped.

Entry procedure:

Entry via www.racesignup.co.uk, deadline 20.00 November 21st (subject to map availability). No entry on the day.

Entry fees

- £16.00 BOF Senior/£6.00 BOF Junior
- £2 non-BOF member supplement (Seniors only)
- SO juniors free (using the regular code)
- Standard Dibber Hire: £1.00 Senior/£0.50 Junior
- SIAC Hire: £2.00 Senior/£1.00 Junior

Lost hired dibbers will be charged at £65 for SIACs

Event cancellation

Please check the SO website and your e-mail prior to travelling.

In the event of cancellation some or all of your entry fee may be retained to cover costs incurred.

Please arrive with all kit cleaned after your previous outing

Course Information:

Course	Controls	Length	Climb
Brown	21	8.6 km	215 m
Blue	15	6.0 km	165 m
Green	12	3.8 km	80 m
Short Green	8	2.8 km	60 m

You may enter any course you want but if you are a member of an SEOA, SCOA or SWOA club and wish to compete in the championship, you should run an appropriate class:

- Brown (M20 M21 M35 M40)
- Blue (M16 M18 M45 M50 M55 W20 W21 W35 W40)
- Green (M60 M65 W16 W18 W45 W50 W55)
- Short Green (M70 M75 M80 M85 W60 W65 W70 W75 W80 W85)

The event is aimed at M/W 16+, and these are the classes for which trophies are available. M/W14s who are experienced at night orienteering may “run up” in the M/W16 category.

Beginners/ juniors running accompanied by an experienced adult will be treated as non-competitive.

Start and Finish:

Registration, dibber collection and download are north of the B2110 in a cricket pavilion.

There is a single start 500m from registration. Follow signs and tapes to the start.

Start times 17:30 – 19:00. Individual start times will be published on Racesigmup after entries close. Loose control descriptions will be available in the start lanes. Competitors will be randomly checked for whistles and backup lighting.

Courses close at 20:30. Please abandon your course if you will not complete before this time.

There is a punching start and finish. For your own safety, please note that you must punch at the finish or, if retiring without going to the finish, you must report to download.

There is a single finish site which is passed en route to the start. It is a 350m walk from the finish back to download.

Facilities:

Toilets, changing, Enquiries, dibber collection and download will be available in the cricket pavilion. Please leave muddy boots outside.

Tea, coffee and snacks will be available in the pavilion for a small cash fee.

First Aid by Pulse South Coast Ltd will be at the download area between 17.30 and 20.30. A first aid kit will be available at the cricket pavilion outside of these hours.

The nearest hospitals are

- **East Surrey Hospital** Canada Avenue, Redhill, Surrey, RH1 5RH. Tel: 01737 768511
- **Princess Royal Hospital** Lewes Road, Haywards Heath, West Sussex, RH16 4EX. Tel: 01444 441881
- **Crawley Hospital, open till 10pm only** (Minor injuries unit) West Green Drive, Crawley, West Sussex, RH11 7DH. Tel: 01293 600300

Prize giving:

Our intention is to award trophies for class winners at the latest by 20.00, but will be earlier if sufficient results are known. Please make use of the tea and coffee facilities, whilst you compare route choices with your peers.

Trophies are available for the winners of

- M16 M18 M20 M21 M35 M40 M45 M50 M55 M60 M65 M70 M75 M80 M85
- W16 W18 W20 W21 W35 W40 W45 W50 W55 W60 W65 W70 W75 W80 W85

The organising team will collect an email address from each winner

Acknowledgements and Thanks

Thank you to Paddockhurst and Standing Hall Estates for the use of Worthlodge Forest and Worth School for the use of the car park and cricket pavilion.

Personal data When participating in Southdowns Orienteers events/activities your name may appear in the results section of this website or in newspaper reports. Read our data protection page to see how we look after your personal data.

Risk assessment A comprehensive risk assessment has been carried out by the organiser. Participants take part at their own risk and are responsible for their own safety during the event. Please make yourself aware of and abide by the British Orienteering Participant Code of Conduct.

Key safety information:

- **Safety Bearing**: East or West to Standing Hall Lane (the only track that exits the North of the competition map, and stretches all the way to the road at the South of the map). Follow south, and turn left into field, just before the B2110, and follow tapes to assembly. "
- Carrying of **whistles, main light and back up light** by each entrant is mandatory, you may also wish to carry a mobile phone.
- For those with less experience, including juniors, please add the following number to your mobile phone, as this number will be manned at download: 07526 792817.
- If wearing **cagoules** is made mandatory, a sign advising this will be on display in Assembly
- You are **responsible for your own safety**; you take part in this event at your own risk. British Orienteering third party insurance covers those who have pre-entered.
- There is a risk of **tick-borne diseases** in British forests such as Lyme disease and encephalitis. Full leg cover is compulsory and you may wish to also consider long sleeves to provide some protection from ticks (no shorts or vests). Please do check for, and safely remove, any ticks as soon as possible after your run. You must not compete if you are suffering from **Covid**.

Officials

Planner – Vince Joyce
Organiser – Ian Curtis
Controller – Neil Crickmore