SOUTHDOWNS ORIENTEERS

Capite Wood National & YBT Final

Level B Event: Final Details v002

Sunday 6th July, 2025

Welcome to Southdowns Orienteers National Event & Yvette Baker Trophy & Shield Final, which takes place in the grounds of Daylands Farm and is set in 120 acres of the Wiston Estate.

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Location: Daylands Farm, Honeybridge Lane, Ashurst, Steyning, West Sussex, BN44 3AW
What3Words ///spooned.slows.delusions TQ158169

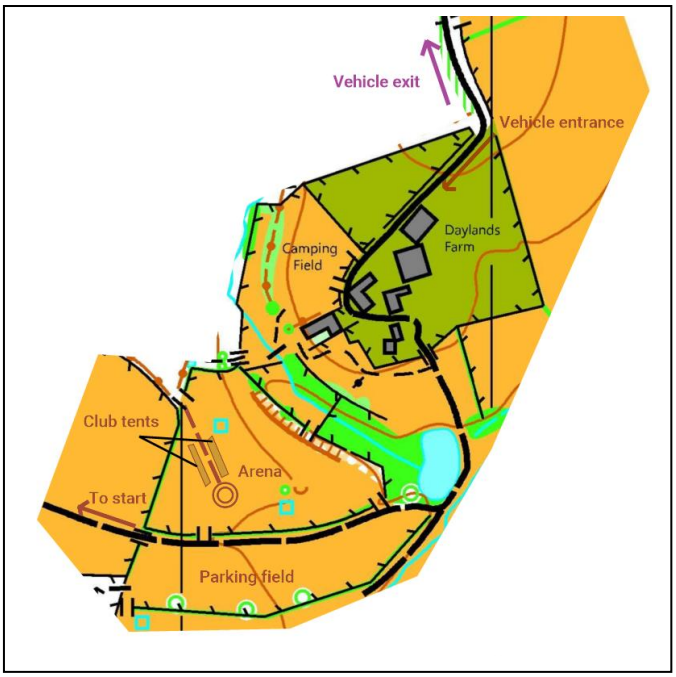
Directions: For arrival, head south on the A24, turn left at Oak Barn Garden Centre and follow the signs. If heading north, we strongly recommend not turning across the carriageway off the A24. Continue north and turn around through the services (McDonald's) at the junction with the A272, to head south on the A24.

For departure, we strongly recommend that all traffic turns left at Old Barn Garden Centre onto the A24. If you wish to head North, continue south for 2km until you get to the Ashington junction, follow this route through 2 roundabouts and back onto the A24, to head north.

Please do not arrive or leave the event from the south along Honeybridge Lane via Ashurst as it is extremely narrow with a number of very sharp turns.

Car Parking: Parking will be on a grass field. There is space for a few coaches. Please contact the organiser if you wish to arrange a space for a coach.

Car Park Exit: The track from the car park, through the farm and out onto Honeybridge Lane is narrow with only a few passing spaces. Ideally we would be grateful if competitors from the morning event could wait until at least 12:45 before leaving to limit the chance of congestion. Stay and enjoy the food and atmosphere of the YBT Final! If you do leave before this, please give priority to incoming cars.



Train: Nearest train station: Pulborough – approx. 12miles away

Facilities: Everything is located in one area. The parking is adjacent to the assembly arena. Enquiries, download, first aid, toilets, maze and junior activities will all be located either in or near the arena. Club tents can be placed along the finish funnel.

Activities: From 10:35am to 3.15pm, we will have a number of free activities for everyone to take part in including a large maze, tin can alley and a craft activity in club colours. For the YBT in the afternoon, Ed Lines will be adding to the atmosphere with music and results commentary.

Traders: **Compass Point** will be at the event, offering all the Orienteering kit you might need. **Station Breakfast & Kebab** will be covering breakfast and lunch - offering breakfast rolls, chips, burgers, hot and cold drinks. Ice cream van by **Sussex Scoops**. Do support our caterers if you can

Courses:

Open Event				
Course	**Length**	**Climb**	**Controls**	**A4 Map**
Short Brown	7.5km	100m	22	1:10,000
Blue	6.1km	90m	21	1:10,000
Short Blue	5.2km	80m	19	1:10,000
Green	4.4km	60m	16	1:10,000
Short Green	3.4km	50m	11	1:7,500
Orange	2.9km	30m	10	1:7,500
Yellow	2.3km	25m	11	1:7,500

YBT Event				
Course	**Length**	**Climb**	**Controls**	**A4 Map**
YBT Green	4.3km	60m	15	1:7,500
YBT Light Green	3.4km	50m	11	1:7,500
YBT Orange	2.9km	30m	12	1:7,500
YBT Yellow	2.3km	25m	12	1:7,500

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Note that the courses are different between the open event and the YBT e.g open yellow is different to YBT yellow. All courses have loose control descriptions, as well as descriptions on the map. The yellow course has written descriptions and the orange course has pictorial on the map and combined pictorial and written on the loose descriptions.

Entries: Pre-entry via Racesignup and Team Captains. Sorry, no entry on the day.

YBT Teams: The following teams are taking part in the final of the Yvette Baker Trophy & Shield Event.

Yvette Baker Trophy & Shield Event	
Trophy	**Shield**
HH	DFOK
NOR	HOC
SO	KERNO
SYO	NGOC
TVOC	SAX
WAOC	SLOW
	SOS
	SUFFOC

The competition is being run in accordance with Competition Rule L: Yvette Baker Trophy and Shield version 2.10 effective January 2025.

Map: New map of Capite Wood drawn from a Lidar base by Chris Hooker in May 2025.
Previous version of the map can be found here https://www.so.routegadget.co.uk/rg2/?#408

E-Punching: Pre-allocated dibbers will be available from SI/Download tent. The control boxes will be enabled for contactless, except for the start and finish boxes which must be dibbed.

Start: The start is about 300m from the arena.

Open event starts are 10.30am – 12:00 (Helpers only may start from 10:20am). We haven't allocated start times for the open event, so please don't all turn up at the end. It is a punching start.

YBT start times are pre-allocated in a start block from 12:30 to 14:00. Team managers will have this information and the final start times will be published on the website prior to the event.

Yellow competitors will have an area set aside at the start where they can view the map beforehand and collect their control descriptions with a parent or coach. The map is not to leave this area and not to be shown to other competitors. Ideally yellow competitors will go into this area 5 mins or so before they start and, when ready for their start time, proceed straight to the start lane. Please don't overcrowd the area with more adults than necessary.

Call up will be at -4 minutes
Loose control descriptions at -3 minutes

Planners notes: The map has 3 distinct areas, Capite Wood to the north, Daylands Farm in the middle and Frenchlands Wood to the south.

All courses will visit Capite Wood which is an area of coppiced woodland with some clearings and an irregular ride and path network. 2 stream valleys help to give contour detail. Much of this wood is runnable although bramble has taken over in a few sections and where mapped as dense it is worth avoiding. Courses have been planned to avoid the worst areas. Rootstocks are generally over a metre in height and only shown if obvious.

Distance judgement will be critical (particularly for younger competitors on the Orange and Yellow courses) as many small tracks and narrow cuttings through the trees have not been mapped (for clarity). Also, some of the main paths and tracks are starting to fill in from the sides and so may be narrower than expected on the day of the Final.

Longer courses will cross a field on Daylands Farm. some controls have been used to guide runners through whilst minimising damage to the grassland. Frenchlands Wood is made of coniferous plantation blocks with wide rides, along with some lovely mixed woodland on the south and south-east sides. The blocks are generally overgrown and have been used to create route choices between the nicer sections of woodland. There is also an area of thickets that will test concentration. Green courses and longer will visit this wood.

Bracken is showing in several parts of the wood, but this has not been shown unless combined with other undergrowth. At the time of writing, it was not considered dense enough to be a problem, but courses have been planned to avoid the worst areas. Runners returning from Frenchlands Wood to Capite Wood will have to cross an area of bracken, but this shouldn't significantly impede progress and there is a track through shown on the map that is currently clear.

Finish: The finish is in the arena. Please ensure you use the correct gate to enter the field. The wrong gate should be suitably signed. It is a punching finish. **Courses close: 3:15pm**.

Safety: All competitors take part at their own risk and are responsible for their own safety.

Heat
Temperatures are due to be in the low 20's. Competitors should bring their own water. There are water taps at the campsite that can be used to top up if neccessary. This is about 400m away. Also do consider bringing a tent or gazebo as the site will be in full sun.

Safety Bearings
Yellow and orange courses - S to fields then SE to car park
All other courses: N or S to fields then E to car park

Safeguarding:
For any team entering with team members not accompanied by their own parents, please note that all UK teams should be ensuring safeguarding by working within the O-Safe guidelines:
https://www.britishorienteering.org.uk/images/uploaded/downloads/governance_policies_osafe.pdf

Expectations are that:
1. Team managers will have BOF medical details / next of kin forms for all team members
2. Mixed teams will be accompanied by an adult of each gender as per BOF best practise suggestions to cover the possibility of needing a same gender chaperone for an injured competitor receiving medical treatment.
3. If staying overnight, sleeping arrangements have been carefully considered to ensure safeguarding of all

Assembly Area
- Two cattle troughs in the arena – they must not be played with.
- Large fishing pond between the campsite and the assembly area with a track that goes around one side. It is expected that everyone will stay away from the pond.

Event area
- We are on a working farm and have made arrangements for the cows to be in fields that we are not using. Do ensure hands are washed before eating.
- This is an area where our mappers and planners have previously come across adders (note not in recent months). The adders are very timid and normally hide away from people and noise, so you are unlikely to come across one, but here is brief information in the unlikely event of a snake bite (based on NHS advice). There will be further info on our website, but in short:
    - Stay calm! Snake bites always need checking out at a hospital but can be treated very successfully with antivenom.
    - Keep the part of your body that has been bitten as still as possible (this will slow the spread of any venom).
    - Summon help using your whistle or phone.
- The area has low 'stranger danger' risk and low risk of dogs, being privately owned woodland with only two little used public rights of way.
- All competitors to carry a whistle

Leg cover
Full leg and torso cover is a requirement. Do check for ticks during and after the event.

Dogs
Sorry no dogs allowed on this working farm.

Results: Results will be available via wifi at the event as well as on printed slips and the website after the event www.southdowns-orienteers.org.uk/results

Trophies: Trophies, along with confectionary to share will be awarded to the first three teams in both the Shield and the Trophy competition. All YBT competitors will receive a certificate of attendance. These will be handed to Team Managers to fill in and hand out.

Camping: We have secured a field for camping at this event. Priority will be given to YBT competitors, but hopefully there will be enough space for everyone who wants to camp. There is a plumbed in toilet and shower next to the field. Please visit the website for the link to the form to fill in if you'd like to secure a space. Cost has been confirmed as £10 per adult which will go straight to the farm. Juniors are free to camp. Please bring a contribution of £1 per person to go towards an extra toilet. Please bring cash to go into an honesty box (one for the farmer and one for the toilet contribution). There are also two drinking water taps.

Complaints: In the first case, the competitor should discuss any concerns, with the planner, organiser or controller. If the issue it not resolved, then an official complaint may be made to the organiser in writing via enquiries. The organiser is the adjudicator of a complaint, but may consult with other members of the organising team to make a decision. A 'Protest' may be made against the decision and ultimately a jury will decide the outcome.

Photography: In accordance with British Orienteering Child Welfare Policy and Procedures, we request that any person wishing to engage in any video, zoom or close-range photography should make themselves aware of British Orienteering policy. Organisers reserve the right to challenge anyone who is giving cause for concern. There will be photos taken by the event photographer Rob Lines, who will be clearly identified. Photos may be published on the Southdowns Orienteers website. Please inform the event organiser, via enquiries if you do not wish you or your child to be photographed.

Data: Personal information provided for this event will be used to process your entry, communicate about the event, publish results and check for missing runners only.

Officials:	**Planner:**	Chris Hooker
	Organiser:	Anna Chapman 07729 729399
		webmanager@southdowns-orienteers.org.uk
	Controller:	Mike Murray (SLOW), on the day Neil Crickmore (SO)
	YBT Coordinator:	Bea Waters ybtcoordinator@britishorienteering.org.uk

Thanks to the Wiston Estate and Daylands Farm for kind permission to use their land.