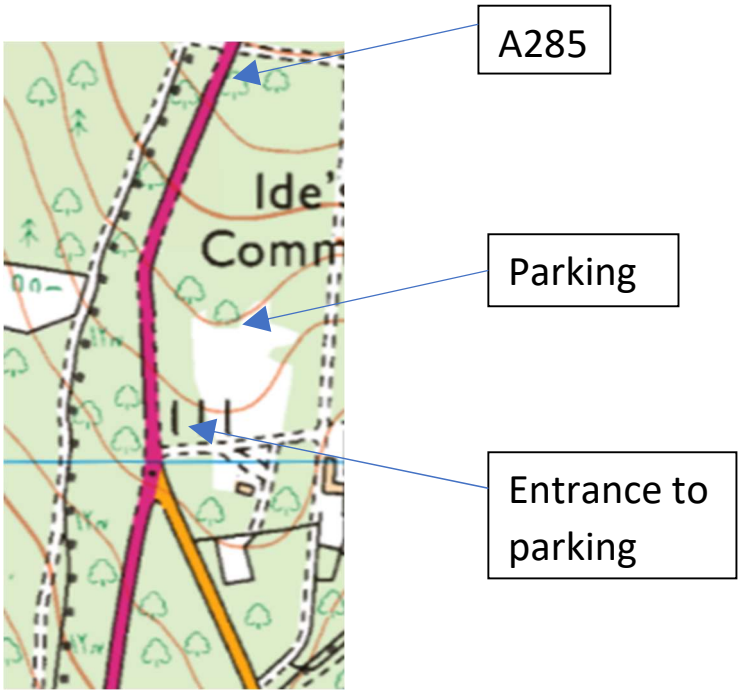
SOUTHDOWNS ORIENTEERS

FINAL DETAILS FOR THE REGIONAL EVENT AT EARTHAM WOOD, SUNDAY 13TH OCTOBER 2024

Location

Grid Ref SU 935110: Lat/long 50.89105,-0.67016, postcode PO18 0NA
What3Words : padding.people.photocopy
Note that the location of the event centre involves an awkward turn off the main road and drivers are asked to approach from the A285, not through Eartham.



Parking

Access to the field to be used as event centre and for car parking is off a track just north of the A285/Eartham Road junction. Use the A285 and watch out for signs. The A285 is a fast road; take care and signal in good time! Parking opens at 0900. The field to be used for parking is on the left 100m along the track.

The track is narrow, and priority will be given to arrivals before 1215 and to departures after 1215. Please keep to these times if at all possible. Once in the parking field, follow the hardstanding track to the top. Marshals will then direct to park cars facing downhill for a slip-free exit.

Map and Terrain

1:10,000 with 5m contours, from a LIDAR-based survey by Dave Peel in March 2023. The map used at a previous event is at https://www.so.routegadget.co.uk/rg2/#419 . The area to be used is the southern half of Eartham Wood and the further extension southwards to Nore Hill. All maps will be pre-marked but do NOT have legends.

Eartham Wood is mainly open mature beech woodland with little undergrowth, and eminently runnable. The area slopes downwards from the start area, with a height

difference of about 125m between the highest and lowest parts of the wood. Nore Hill is a more complex area with many intersecting banks and ditches, and access to it is steep.

A number of areas will be marked as 'out of bounds' to avoid disturbing the dormouse population. These areas must be strictly observed.

The area is also used by horse riders, mountain bikers and walkers and care should be taken not to alarm any of these. Dogs should be kept on leads in the parking area but may run free in the forest.

Courses

Course	Distance (km)	Climb (m)	Scale
Brown	9.4	330	1:10000
Blue	6.6	225	1:10000
Short Blue	5.6	205	1:10000
Green	4.8	155	1:10000
Short Green	3.5	100	1:7500
Orange	2.9	70	1:7500
Yellow	2.5	60	1:7500
White	1.8	50	1:7500

Control Descriptions

	On map		Loose	
	Pictorial	Written	Pictorial	Written
Short Green and above	Yes		Yes	
Orange	Yes	Yes	Yes	Yes
Yellow and White		Yes		Yes

Junior courses

White and Yellow maps will be available at the Start, and parents/carers will be able to talk through the courses with their junior athletes. Juniors will be deemed 'non-competitive' if they are shadowed on the course.

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Entry procedure

Entry via www.racesignup.co.uk, deadline Friday 11th October. No entry on the day.

Entry fees

Senior: £14.00 Junior (U21): £6.00
£2 non-member supplement (Seniors only) SO juniors free (use code SOjuniors)
Senior Dibber hire: £1.00 Senior Enhanced (SIAC) Dibber hire: £2.00
Junior Dibber hire: £0.50 Junior Enhanced (SIAC) Dibber hire: £1.00
SO juniors enter free using the special discount code (see website).
Lost dibbers will be charged at £30 or SIAC-enabled at £65.

Start and Finish

Start and finish are close together and about 800m from parking; allow 15-20 minutes walk. Download & dibber collection are in the parking field. Clear and check units are at the Start.

Start times 1030 – 1230, turn up and run.

Courses close at 1430. There is a punching start and finish. For your own safety, please note that you **must** punch at the finish or, if retiring without going to the finish, you **must** report to Download which is in the parking field.

Facilities

Enquiries, dibber collection, download and first aid by Pulse South Coast on northern edge of parking area, en route to the Start. Portaloos in parking field; no water supply.

Clothing dump at finish, which is passed en route and close to start

Safety

You are responsible for your own safety; you take part in this event at your own risk. British Orienteering third party insurance covers those who have pre-entered.

Competitors are requested and expected to take notice of the advice on the SO website: https://www.southdowns-orienteers.org.uk/documents/Website-safety-info-12Oct2021.pdf In particular it is strongly recommended that all competitors carry a whistle for use in emergency. The carrying of mobile phones is also actively encouraged for the more vulnerable competitors.

To check for the safe return of all competitors there will be a punching start and finish. All other controls will be programmed for contactless punching. Anyone retiring without passing the finish must report to Download.

The safe route back to the event centre is to go west until reaching the public road, then turn north along this minor road (beware of traffic!) until the A285 is reached. Then turn right into the parking field.

Pulse South Coast will be present in the parking area until 1430. After that time, seek first aid from the Download tent nearby. The nearest hospital for A&E is St Richards, Spitalfields Lane, Chichester PO19 6SE, what3words bounty.before.crowned . This is 7 miles away and a 10- or 15-minute drive.

There is a risk of tick-borne diseases in British forests such as Lyme disease and encephalitis. Full torso and leg cover is compulsory as in BOF rules. You must not compete if you are suffering from Covid.

Biosecurity

Forestry England is justifiably concerned about the number of fungal diseases and insect pests which have increased dramatically over the last few years and is requiring biosecurity measures. Please arrive with clean shoes. There will be a simple procedure on exit from the car park to the forest and on re-entry to the car park. This consists of brushing shoes and using spray from a biodegradable disinfectant; brushes and spray will be provided.

This is NOT optional.

Acknowledgements and Thanks

Mr Brooks for use of the parking field
Forestry England for access to Eartham Wood
The National Trust for access to Nore Hill

Officials

Planner – Euan Marsh
Organiser – David Wilson
Controller – Vincent Joyce